



A Step-by-Step Guide for Test Takers

An essential guide to everything
you need to know to get ready for
the Casper test



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Introduction

If you're planning to take Casper, here's a clear, step-by-step overview of what to expect, from booking your test to getting your score.

Throughout this guide, you'll find links to additional resources at the end of each section. If you have a question about something that isn't covered, you can search the [Acuity Insights Help Centre](#) using keywords.

Pro tip: Check the Related Articles at the bottom of each Help Centre page to dive deeper.





Get to Know Casper

Casper is a situational judgment test (SJT) that helps you show who you are beyond your grades by demonstrating how you think, make decisions, and approach complex interpersonal situations.

Through realistic scenarios, Casper's open-response format allows you to share your perspective in your own words. It's not about having the "right" answer; what matters is how you think through each scenario and respond with thoughtful solutions, demonstrating key aspects of your social intelligence and professionalism.

Casper is a research-backed assessment scored by multiple trained human raters using a structured process that supports fairness and consistency. It's one part of your overall application, designed to add context and complement your academic achievements, not replace them.

Casper takes 65–85 minutes to complete. You'll be presented with a series of real-world scenarios and asked to respond to questions using both typed and video responses.

Each individual program decides how and when to use Casper scores as part of their admissions process. The weight and role of your score will vary by program.



Learn more about [Casper test format](#), [how Casper is scored](#), [why programs use Casper](#)

[STEP 1](#)**STEP 2**[STEP 3](#)[STEP 4](#)[STEP 5](#)[STEP 6](#)[STEP 7](#)[STEP 8](#)

Confirm Test Details Before Booking

Make sure you're selecting the correct Casper test type and admissions cycle:

- Your test type depends on where you're applying; make sure it matches your selected program(s) before booking.
- Choosing the wrong admissions cycle can delay or prevent your scores from reaching your program(s), and refunds will not be issued for tests reserved for the wrong cycle.

You'll need your student or application ID numbers. These IDs are issued by programs or application portals (such as OUAC or AAMC) after you've completed certain steps of your application. If you want to take Casper before receiving your official applicant ID number, you can reserve your test using a temporary ID number.

2 Admissions Cycle

Select the admissions period for your program(s):

☐ 2025-2026

☐ 2026-2027

Next

3 Program Type

Select the programs you will be distributing your assessment scores to:

Medicine

☐ Allopathic Medicine ☐ Osteopathic Medicine

☐

☐

☐

Next

 Learn more about [admissions cycles](#), [test types](#), [applicant IDs](#), and [temporary applicant IDs](#)



Book Your Test and Confirm Key Deadlines

Important things to know before you schedule

You can only have one Acuity Insights account.

If you have already created an account in a previous admissions cycle, continue using that same account.

Take Casper early enough for your deadlines.

Plan your test date so your scores can be delivered before your programs' distribution deadlines; availability varies by test type and admissions cycle. Book the earliest available date so you have flexibility to reschedule if needed. **You must book at least 3 days before your preferred test date.**

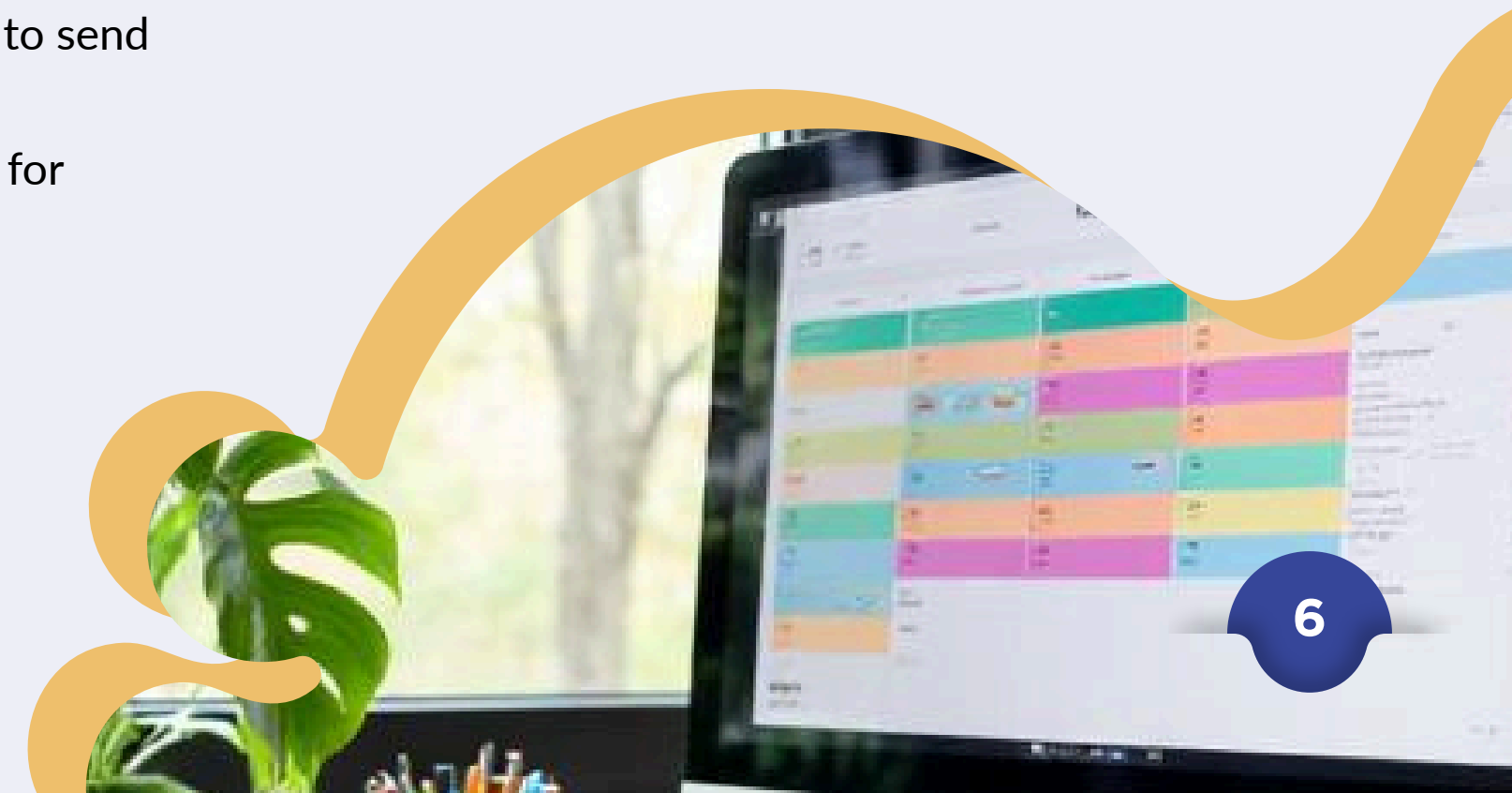
The [Casper Dates and Fees page](#) is a key resource for finding information about Casper test type(s) required by the program(s) you're applying to.

You can use this page to view:

- The required Casper test type for your program(s)
- Available test dates and times
- Distribution deadlines (the last day to send your test results to a program)
- Any applicant ID numbers required for reservations
- Language requirements
- Fees associated with the test

If you don't see your program, it may be because:

- You already have an existing reservation
- You selected the wrong admissions cycle
- Test dates have not been opened yet (check back)
- Programs haven't shared test dates
- The final date has passed, booking is no longer possible





Your identity must be verified before you can begin Casper, and verification can take up to 3 business days.

You can reserve a test while verification is pending, but you will not be able to start your test until your ID has been approved.

As part of registration, you will need to:

- Upload clear color photos of the front and back of a government-issued photo ID showing your photo, full name, and date of birth (in English or French)
- Upload a live selfie taken during the verification process (existing photos cannot be used)

• Make sure your ID photos are high quality, upright, well-cropped, and free of glare or anything obscuring the details. If you do not have a government-issued photo ID with your full name and date of birth, you can upload another form of ID together with a birth certificate (in English or French).

Casper test types are not interchangeable.

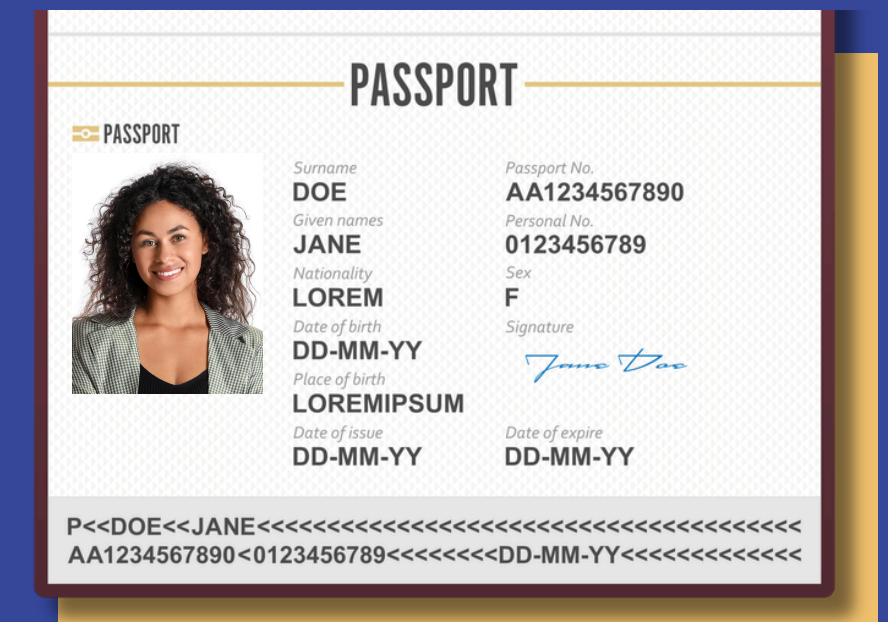
It is important to check each program's admissions website and select the matching test when you register. If you are applying to programs in different countries or within different program categories, additional Casper test types will be required.

Make sure your selected programs are added before their specific distribution deadlines.

Even if you complete Casper, missing a distribution deadline can impact your application. Results are sent to programs 2–3 weeks after you take the test, so missing the deadline means programs will not receive your scores in time. If you're unsure about a program's deadlines, we recommend checking their website or contacting the program directly for the most accurate information.

If you're applying to Canadian programs, you must take Casper in the language required by that program (English or French).

Some programs accept either language, but not both. When you book your first test, you'll choose a distribution language. That selection cannot be changed for the rest of the admissions cycle and determines which scores will be sent to bilingual programs. Choose the language in which you are most comfortable communicating.





If you have a disability, functional limitation, or medical condition (even if temporary), you can apply for testing accommodations.

Accommodation requests must be submitted at least 4 weeks before your scheduled Casper test to allow enough time for documents to be reviewed and for approved accommodations to be applied. Requests must be submitted after you create your Acuity Insights account; you do not need a confirmed Casper test booking to apply, although it is highly recommended.

Fee Assistance Program (FAP) support is available for eligible applicants.

If you've been approved for a participating U.S. or U.K. Fee Assistance Program (e.g., AAMC, AACOMAS, CASPA, ADEA, or UCAS bursary, etc.), you may be eligible to have your Casper test fees waived or reduced. When booking your test, you'll indicate your FAP status and upload documentation showing your approval and the valid date range of the FAP approval.

You can reschedule your Casper test if other dates are still available for your selected programs.

Rescheduling is free if you make changes 31 or more days before your test; a \$20 fee applies if you reschedule within 30 days of your test date (unless a waiver applies, such as a documented technical or medical issue). If future test dates are not available for certain programs, you will need to remove them from your program list. If you need to change the date of a Casper test that includes accommodations, contact the Acuity Insights Team at least one week before your scheduled test date.

You cannot retake the same Casper test type in the same application cycle to try to improve your score.

Missing your test or a score distribution deadline can have serious consequences for your application.

To reduce this risk, book the earliest test date possible and keep track of your program deadlines. If you miss your test and future dates are still available, rebook immediately. If there are no more test dates before your distribution deadline, our support team may not be able to help, and you may need to wait until the next application cycle.



Learn more about [dates and fees](#), [creating and updating your account](#), [program selection](#), [missing programs](#), [requesting accommodations](#), [fee assistance program](#), [reserving and scheduling](#), [rescheduling](#), [rescheduling with accommodations](#), [missed tests and deadlines](#)



Check System Requirements

What you need to complete Casper



A **desktop or laptop computer** [smartphones and tablets are not supported; hybrid/2-in-1 devices (e.g., Microsoft Surface) and other operating systems (e.g., Linux, ChromeOS) may also experience technical issues].



A **reliable high-speed internet connection** with download speeds of at least 1.5 Mbps and upload speeds of at least 2 Mbps.



A **working webcam and microphone**.



A **supported browser (Chrome or Firefox, no other browsers supported)**.



Required System Check

To ensure your computer, internet, and peripheral devices meet technical requirements, **you must complete a System Requirements Check at least once within 6 hours of your start time.** If it hasn't been completed within that timeframe, you'll be prompted to run it before you can begin your test. This may delay your test start and put you at risk of needing to reschedule.

Tips for the check:

- ✓ Use the same computer and internet connection you'll use for the test.
- ✓ Sit in the location where you plan to take the test.
- ✓ Use the same webcam and microphone.
- ✓ You can run the check multiple times, but at least once within 6 hours of the test is required.

Common issues and how to avoid them



Webcam or Audio Not Working:

Test your setup in advance and check browser permissions to make sure your browser allows microphone and webcam access. If possible, use a wired webcam and microphone to prevent battery failure or Bluetooth interference.

To troubleshoot quickly: Refresh browser, switch browsers, restart your computer, or use a private/incognito window. **Remember, you can click the chat icon on the test screen for real-time help during your test.**



Browser Compatibility Issues:

Ensure you have updated versions of Chrome or Firefox installed on your computer, these are the only browsers that can be used to take Casper (it is highly recommended to have both browsers installed).



Internet Instability:

If possible, use a wired connection, as this is significantly more reliable than Wi-Fi. If you must use Wi-Fi, reduce the number of devices accessing the same Wi-Fi and ask anyone sharing the network not to stream video, play online games, or download large files (e.g., video games to consoles) while you are testing because it will slow down your connection.



Prepare for Your Casper Test

Familiarize yourself with Casper by taking the practice test.

Knowing what to expect can help reduce test anxiety and make you feel more prepared and confident on test day. The practice test helps you become familiar with:

- Casper format and timing
- Typed and video responses
- Responding to time-limited, real-world scenarios

For the best preparation, treat the practice test like a real test session. You can take it as many times as you like to become more comfortable with the timing and response formats.

To access the practice test:

- Log in at my.acuityinsights.app/casper
- Go to the Casper section
- Select “Start practice test”



Learn more about [preparing for Casper](#)

If you have approved time accommodations, your approval letter will include a link and instructions for accessing an accommodated practice test.

Additional preparation tips:

- If typing is not a strength, use free online typing tools to build speed and confidence.
- To become more comfortable on camera, practice recording yourself using Camera on PC or Photo Booth on Mac.
- Review your recordings and ask someone you trust for feedback before completing the video portion of Casper.

Acuity Insights is not affiliated with any third-party Casper test preparation tools or courses, and we do not endorse using them.

Casper is designed to elicit authentic responses. Taking the free practice test is the best way to prepare. Test takers who use third-party preparation materials or don't prepare at all tend to do worse than those who use the free Casper resources from Acuity.

The practice test simulates the full Casper experience; it is not intended to reflect the specific content or level of difficulty of your actual test. Your responses aren't saved or scored, and no feedback is provided.



Get Ready for Test Day



Choose an appropriate testing environment.

To perform at your best, select a quiet, private space with no distractions; ask those sharing your space not to interrupt you.



Log in to your Acuity Insights account at least 30 minutes before your scheduled test time.

This allows you to complete the required System Requirement Check, troubleshoot if necessary, and settle in and focus.



To reduce the risk of interruptions and technical issues that may result in invalid scores, you should:

- Deactivate VPN if you're using one
- Close all other applications (e.g., Zoom)
- Turn off browser extensions (e.g., Grammarly)
- Disable firewalls or pop-up blockers
- Restart your computer
- Use an incognito/private window if needed



You must begin your Casper test within 15 minutes of the scheduled start time.

Starting the system check in that window does not count as beginning your test. If your test does not start or you're late, use the chat bubble in your account to contact support. Late entry is not guaranteed and you may be required to reschedule (and a fee may apply).



Your webcam and microphone must remain on throughout the entire test for identity verification, proctoring, and recording your responses.



Dos and don'ts when taking Casper

You must take the test alone.

No one can assist you (unless pre-approved accommodations are in place). Violations of test rules may result in score cancellation and, in some cases, reports of your behaviors/actions being shared with your selected programs.

Your webcam and mic must stay on, uncovered and facing you the entire time.

Your face must be visible throughout the test, except during scheduled breaks. Don't turn off your camera after the video responses, this may invalidate your test.

You must type your answers in real time.

Don't use speech-to-text or dictation tools, they are not allowed (unless pre-approved accommodations are in place). Copy and paste functionality is disabled within the test.

What you can and can't have with you while testing

Allowed:

- ✓ Pen and blank paper
- ✓ Physical dictionary
- ✓ Headphones (fully charged if Bluetooth)
- ✓ External keyboard
- ✓ Additional monitor
- ✓ Food and drinks

Not Allowed:

- ✗ Pre-written notes (handwritten or digital)
- ✗ Phones (turn off notifications and disconnect your phone from your computer)
- ✗ AI tools of any kind
- ✗ Smartwatches
- ✗ Voice tools (unless pre-approved accommodations are in place)

Dress in a way that helps you feel confident, comfortable, and focused.

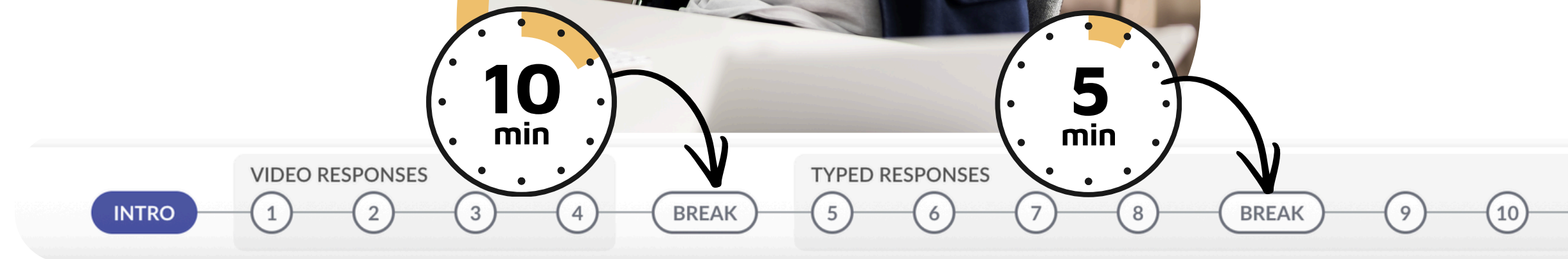
Raters are trained to evaluate the content of your responses, not your appearance.



There are two, optional, scheduled breaks during the Casper test, you decide whether or not you want to take them:

- A 10-minute optional break after the video-response scenarios.
- A second optional 5-minute break after the first four typed-response scenarios. Some test types, like Casper for Australian Teacher's Education, do not include this second break.
- You can step away during breaks, but make sure to return on time.

By starting your test, you confirm you are healthy enough to test. Retakes will not be considered due to pre-existing conditions.



Learn more about [Casper test day](#), [Casper test rules](#), [how to start your Casper test](#), [getting support during the test](#)



Understand How Casper Is Scored



Responses are scored by trained human raters using a standardized evaluation process, not AI.

Every Casper test is evaluated by certified raters who complete extensive training on scoring criteria, calibration, and implicit bias to help ensure fair and consistent evaluation across applicants.

Raters are trained to evaluate your ideas and the quality of your responses, not response length, writing mechanics, or format.

This means the focus is on your judgment and reasoning, rather than spelling, punctuation, grammar, or format. Clear and thoughtful responses are what matter most, regardless of how you choose to structure them.

Multiple raters review your responses to support fairness and reduce bias.

Each scenario is scored by a different rater, so no single rater determines your overall results and how you respond to one scenario does not influence how you are scored for other responses. This helps ensure a more balanced and fair assessment.

Your responses are anonymized during scoring.

Raters do not see your name or personal information, only your typed or video responses.





Scores for each individual response are combined into a single overall score, which is distributed to the programs you have selected.

Each scenario contains two separate questions, which are reviewed by the same rater and scored independently. Scores for each question across all scenarios are combined into a single overall score and then standardized to ensure fairness. This final score is what is distributed to programs you have selected.

You'll receive a quartile score, while programs receive more detailed scoring to support admissions decisions.

Because Casper is used for admissions decisions, you are given a clear, high-level view of your performance, while programs use the more detailed results to ensure fair and consistent comparisons across applicants. Each individual program decides how and when to use Casper scores as part of their admissions process. How your score is weighted and used will vary by program.

Your quartile shows how your score compares.

Your quartile shows how your performance compares relative to other applicants who took the same Casper test. Your scores across all scenarios are combined into an overall score, which is then standardized using statistical methods to produce your final scaled score and quartile ranking.





Know What to Expect After Your Test

Your Casper score goes directly to the programs you select for distribution approximately 2–3 weeks after your test date.

This is why it's important that you add all intended programs before distribution deadlines. You can add more programs to your score distribution list after completing your Casper test as long as the programs require the same test type and are still accepting scores.

You will receive an email when your quartile score is ready, usually 4–5 weeks after your test.

You can then log in to your Acuity Insights account and select “View quartile score” to access your results. Until then, your account may show “undefined percentile,” which is normal while your score is being processed.

You can check if your scores were delivered.

Your account will show the status of score distribution. If your Casper account shows “Completed – Results Delivered” but the program portal doesn't reflect that, it's likely due to processing time on the program's end. Some programs manually integrate Casper results into their system, so it may take some time for test status to be updated.

You cannot retake a Casper test in the same cycle to try to improve your score.

Retakes are considered only for rare technical circumstances. If approved, a retake will be offered only if another test date is available. To be eligible for a retake, the issue must be reported within one week of your test date, must not be caused by your personal device or internet connection, and must be confirmed by Acuity Insights.





You've Got This

We hope you now feel confident about what to expect before, during, and after your Casper test.

To stay on track, use this checklist to make sure you're ready for test day.

Still have questions? Use the blue chat bubble on the [Casper website](#) or after signing in to your [Acuity Insights account](#). From there, you can search Help Centre articles, get answers to common questions, or connect with our Customer Support team. We're here to help.

We wish you every success in the exciting journey ahead.

Casper Checklist

Use this to stay on track:

- ☐ Confirm admissions cycle and test type(s)
- ☐ Book your Casper test (as early as possible)
- ☐ Check account information for accuracy (test date, time, and time zone)
- ☐ Run the System Requirements Check
- ☐ Take the practice test and review preparation materials
- ☐ Review test day dos and don'ts
- ☐ Confirm and finalize your distribution list
- ☐ Complete your test
- ☐ Confirm scores were sent to your programs

